



# PRESCRIPTION / LETTER OF REFERRAL

“THE FOLLOWING PRESCRIBED TREATMENT IS MEDICALLY NECESSARY”

Massage For Athletes  
Strength. Compassion. Results.

Referral Physician: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB \_\_\_\_\_

NPI# \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City, St, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Phone \_\_\_\_\_

Referred to: (Provider)  **Massage For Athletes, Inc.**  
Sports & Medical Massage  
418 Aviation Blvd. Suite D  
Santa Rosa, CA 95403

Fax: (707) 284-0122  
Phone: (707)541-6258  
EIN#81-3238360  
NPI#1962944157

- Coralie Jenner, CMT, LMT, HHP  
CA License #74620
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CA License #74136
- Josephine Tuohy LMT, CPT, FRCMS  
CA License #75461

Any of the following Physicians' Current Procedural Terminology, CPT™ procedures and / or modalities, that are within the providing therapists scope of practice, training & / or State & / or Patient's Insurance Policy regulations, may be used as therapist deems necessary during any treatment session. Normally four units are allowed per visit. A Unit = 15 minute segments of time.

## PROCEDURES & MODALITIES — CPT Code

Procedures: A manner of effecting change through the application of clinical skills and/or services that attempt to improve function. Physician or therapist required to have direct (one on one) patient contact unless utilizing a Telehealth Platform. Therapeutic Process, one or more areas. Modalities: Any method applied to produce therapeutic changes to biologic tissue.

- 97010 Application of a modality to one or more areas; Hot or Cold Packs (as necessary)
- 97112 Neuromuscular Therapy
- 97124 Massage Therapy (Basic Massage including swedish, effleurage, petrissage, and/or tapotement (stroking, compression, percussion))
- 97530 Therapeutic Activities
- 97535 Self-Care & Management Training
- 97140 Manual Therapy (Advanced Massage Therapy Techniques - mobilization/ manipulation, manual lymphatic drainage, manual traction), one or more regions, each 15 minutes. You may also document myofascial release using this code.
- 97110 Therapeutic exercises -The health care provider and/or patient perform therapeutic exercises to one or more body areas to develop strength, endurance, and flexibility.
- Other \_\_\_\_\_

## PHYSICIAN'S DIAGNOSIS OF PATIENT — ICD-10

- G43.909 Migraine Unspcfd
- R51 Headache
- S13.4XXA Sprain of ligaments of cervical spine, initial encounter
- S13.8XXA Sprain of joints and ligaments of other parts of neck initial encounter
- S03.4XXA Sprain of jaw, initial encounter
- M54.2 Cervicalgia
- M54.5 Low back pain
- S43.80XA Sprain of other specified parts of shoulder girdle, initial encounter
- S43.409A Unspecified Sprain of unspecified shoulder joint, initial encounter
- S46.919A Strain of unspecified muscle, fascia and tendon at shoulder and upper arm level, unspcified arm, initial encounter
- S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
- S23.8XXA Sprain of other specified parts of thorax, initial encounter
- S33.5XXA Sprain of ligaments of lumbar spine, initial encounter
- T14.90 Injury, unspecified
- S73.109A Unspecified Sprain of Unspecified Hip, initial encounter
- S73.919A Strain of unspecified muscles, fascia and tendons at thigh level unspecified thigh, initial encounter
- S33.9XXA Sprain of unspecified parts of lumbar spine and pelvis, initial encounter
- S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
- M54.14 Radiculopathy, thoracic region
- M54.15 Radiculopathy, thoracolumbar region
- M54.16 Radiculopathy, lumbar region
- M54.17 Radiculopathy, lumbosacral region
- M54.30 Sciatica, unspecified site
- S83.90XA Sprain of unspecified site of unspecified knee, initial encounter
- S86.919A Strain of unspecified muscle and tendon at lower leg level, unspecified leg, initial encounter
- S93.409A Sprain of unspecified ligament of unspecified ankle, initial encounter
- S96.919A Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
- S93.609A Unspecified Sprain of unspecified foot, initial encounter
- S96.919A Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
- M62.50 Muscle wasting and atrophy, not elsewhere classified, unspecified site
- M62.40 Contracture of muscle, unspecified site
- M62.838 Other Muscle spasm
- M60.9 Myositis, unspecified
- M79.1 Myalgia
- M79.7 Fibromyalgia
- M62.9 Disorder of muscle, unspecified

PLAN OF CARE / COMMENTS  Patient to return or call, prior to renewal of prescription Times Per Week: \_\_\_\_\_ for \_\_\_\_\_

Weeks | Times Per Month: \_\_\_\_\_ for \_\_\_\_\_ Months | Total Visits This Script \_\_\_\_\_

Notes: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_